

STUDIO ART | MUSIC | MARTIAL ARTS | CAFE

# FALL 2017 SCHEDULE OF CLASSES

ASAH is a community-oriented, creative hub offering diverse, flexible and fluid arts-related programming and is committed to a long-term vision of local cultural enrichment through the arts.



# STUDIO SPACE



## **OPEN STUDIO**

Instructor - Charles Reid

Teens & Adults | Monday: 8am-10am and 4pm-8pm Teens & Adults | Tuesday: 8am-12pm and 4pm-8pm Teens & Adults | W,TH, FR: 8am-12pm and 4pm-8pm

\$150m/\$50d

## **FAMILY ART TIME**

Instructor - Kim Reid

Pre-school Kids | Monday: 10am-11:30am

\$20 per Adult/Child pair. \$5 per each additional child or \$40 per family maximum.

## HOMESCHOOL ART CLASS

Instructor - Charles Reid

All Ages | Wednesday: 1:45-3:15

September - December 2017

12 Students Maximum

\$400 per student- (\$100 per month)

Cost Includes instruction and materials fee.

#### LETTERING AND JOURNALING

Instructor - Arianna Alexander

Teens & Adults | Wednesday: 6pm-7:30pm

\$130m/\$40d

RSVP REQUIRED FOR ALL STUDIO SPACE & GROUP WORKSHOP CLASSES.

Call 703-855-5846 to reserve your spot!

## **BRAZILIAN JIU-JITSU**

# Instructor - Charles Reid

Join us for training in the "gentle art" as we learn practical and effective self-defense techniques, get stronger and faster through rigorous conditioning, and grow in our confidence through consistent drilling and application of techniques.

#### **MORNINGS**

All Ages | M, F: 8-9am All Ages | Saturday: 9-10am

#### MID DAY

All Ages | T, F: 12:30-1:30pm

#### **EVENINGS**

Kids (*K-4th*) | M, W, F: 4:15-5pm Jiu-Jitsu Club (*K-12th*) | Tuesday: 3:45-4:30 Big Kids (*5th-8th*) | M, W, F: 5-6pm Teens & Adults (*High School & Older*) | M,T,W,F: 7-8pm

Kids • \$110m/\$20d | Big Kids • \$125m/\$20d Teens & Adults • \$150m/\$20d

## YOGA

Vinyasa Flow

Instructor - Robin Gray

Teens & Adults | Wednesday:12-1pm Teens & Adults | Thursday: 6-7pm

\$100m/\$15d

## **MUSIC THEORY**

Instructor - Robin Gray

By appointment only.

\$150m

#### INSTRUMENT INSTRUCTION

Beginner and intermediate instruction for the following instruments:

Guitar | Voice | Piano | Sax Hand Percussion | Clarinet | Flute

By appointment only. Contact 703-855-5846 or charles@asahcreativestudios.com for more detailed pricing.



We offer specialty coffees featuring locally roasted coffee from Barrett's Coffee out of Austin, TX. We also offer tea, juice and healthy snack options. Come hang out with us and enjoy free wi-fi and a friendly, comfortable atmosphere!

#### **NOW OPEN**

Monday - Friday from 7:30am - 8:00pm Saturday from 7:30-Noon



For complete class descriptions, please visit our website.